



HALTON LODGE PRIMARY SCHOOL

PE and Sport Premium Spending **IMPACT STATEMENT** & **EVALUATION** for 2018/19

At Halton Lodge Primary School, we recognise the contribution of physical education (PE) and sport to the health and well-being of all of the pupils at our school. We also believe that an innovative, varied PE curriculum and extra-curricular opportunities have positive influences on the concentration, attitude and academic achievement of children.

Our Primary School Sport's Funding will enable us to continue and extend our provision through employing additional sports professionals, running a wider variety of sport clubs, enabling our pupils to enter into more competitive sports competitions and to train our staff to deliver PE sessions of an even higher quality.

What is the Sports Premium?

The Primary PE and Sport Premium is paid by the Secretary of State for Education to the local authority; who then distribute the premium to maintained schools (such as ours). The PE and Sport premium must be used to fund additional and sustainable improvements to the provision of PE and Sport, for the benefit of primary-aged pupils; to encourage them to develop healthy, active lifestyles.

Since September 2017, schools with 17 or more eligible pupils receive £16,000 - with an additional payment of £10 per pupil (based on the number of pupils at the school at the time of the January census).

The PE and Sport Premium at Halton Lodge Primary School for 2018/19 was £17,740.

Purpose of the funding

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2018 to 2019 academic year, to encourage the development of healthy, active lifestyles. This means that schools may use the premium to:

- develop or add to the PE, physical activity and sport activities that your school already offers; or
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

Schools can use the premium to secure improvements in the following indicators:

- the engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school;
- the profile of PE and sport is raised across the school as a tool for whole-school improvement;
- increased confidence, knowledge and skills of all staff in teaching PE and sport;
- broader experience of a range of sports and activities offered to all pupils;
- increased participation in competitive sport.



Halton Lodge Primary School

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Happy

Learning

Promotes

Success !

Possible uses of the funding include:

- provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively and embed physical activity across your school
- hire qualified sports coaches to work with teachers to enhance or extend current opportunities
- introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities
- support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs
- enter or run more sport competitions
- partner with other schools to run sports activities and clubs
- increase pupils' participation in the [School Games](#)
- encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school
- [raise attainment in primary school swimming](#) to meet requirements of the national curriculum before the end of key stage 2
- embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching.

Swimming Data (July 2019): Meeting national curriculum requirements for swimming and water safety	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	80%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	60%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	80%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes



Halton Lodge Primary School - Happy Learning Promotes Success !

Here is a breakdown of how we invested our school's PE and Sports Fund allocation for 2018/19:

Objective	Action(s)	Estimated Cost	Impact the school has seen on pupils' PE and sport participation and attainment (and how the improvements will be sustainable in the future)
<p>To improve the PE and sport resources available to teachers; to help them to teach PE and sport more effectively.</p> <p>[The profile of PE and sport is raised across the school as a tool for whole-school improvement]</p>	<p>Audit the PE and sport curriculum available to the children throughout the school; and identify 'gaps' in the resources available to teaching staff to deliver high quality PE lessons and after school sporting activities.</p>	<p>£1700</p>	<p>During the academic year 2018/19, the school invested in the following PE and sport resources to maintain and enhance the quality of PE lessons, interschool competitions, lunchtime sporting activities and after-school clubs:</p> <ul style="list-style-type: none"> - Skipping Ropes (£236.17) - Football Goals (£330) - General PE and Sport equipment, such as balls and athletics equipment (£298.37) <p>Total: £864.54</p>
<p>To provide existing staff with training to enhance the quality (and standard) of teaching and learning in PE</p> <p>[Increased confidence, knowledge and skills of all staff in teaching PE and sport]</p>	<p>Audit the strengths and areas for development within subject knowledge and progression of skills within the current teaching staff.</p> <p>Identify the most appropriate:</p> <ul style="list-style-type: none"> (i) scheme of work (to ensure comprehensive coverage of the PE National Curriculum and clear progression in skills), (ii) training (CPD), and (iii) highly skilled professionals (e.g. gymnastic coaches) who are able to team teach alongside our teachers (to further improve the quality of teaching and learning in PE) ... to address these challenges and barriers. <p>Evaluate the impact on the quality of teaching and attainment of pupils.</p> 	<p>Scheme of Work and CPD = £1795</p> <p>Team Teaching = £400</p>	<p>The school has purchased Real PE (including whole school training) for the start of the new school year – 2019/20. It was decided that it was best to start this at the start of the academic year, rather than partway through, to achieve maximum benefit – and to allow the impact to be measured. <i>The school did consider purchasing the Real Legacy (two year package) but felt this may not be best value for money due to the time needed to implement the training and new scheme of work.</i></p> <p>Total: 2390</p>



<p>To encourage a greater proportion of our pupils to take part in regular sporting activities (and to be active)</p> <p>[Broader experience of a range of sports and activities offered to all pupils]</p> <p>[The engagement of all pupils in regular physical activity]</p>	<p>Organise 'special' events and visitors to the school – with the aim of encouraging a greater proportion of our pupils to understand the importance and benefits of adopting a healthy lifestyle (including being physically active).</p>	<p>£1000</p>	<p>The school organised for Olympic and Commonwealth athlete, Robert Mitchell, to lead a circuits session for each class and deliver a motivational speech (May 2019) and for a professional 'rope jumper' to deliver a series of skipping workshops (February 2019).</p> <p>As a consequence of the skipping workshops, a significant number of pupils (36) purchased their own jump rope – and the school purchased a large number of ropes (see above) to enable the children to practise and engage in skipping during lunchtimes.</p> <p>Total = £295 (Skipping Workshops)</p> <p>Total: £295</p> <p>In addition to the above, the school has run 134 extra-curricular sporting activities – to encourage a greater proportion of our pupils to take part in regular sporting activities). The menu of sporting activities has been reviewed throughout the year – and has gradually been opened up to more and more pupils (by increasingly enabling our younger pupils to also attend). Clubs have included infant football, junior football, bench ball, dodgeball, tennis, outdoor fitness, cross-country, handball and basketball.</p> <p><i>These were in addition to high 5 netball and boxercise.</i></p> <p>These clubs attract approximately 12 children each week.</p> <p>Total = £900 (Active Soccer)</p> <p>Total = £1630 (RG Coaching)</p> <p>Total = 2530</p>
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	<p>Provide more opportunities – targeted at our most inactive pupils – to engage in physical activity and sporting activities during lunchtime. <i>This may include a variety of workshops aimed at helping our pupils to learn how to play – then be supervised (and supported) by a sports coach who will ensure the equipment is used correctly and to encourage skill development (and perseverance).</i></p>	<p>Sports Coach in the Football Court [Active Soccer] = £2280</p> <p>Additional Sports Coach = £2000 <i>(as starting part way through the academic year)</i></p> <p>[Scrapstore Playpod Refills] = £850</p>	<p>The school started the school year with two lunchtime coaches and extended this to three (in February 2019), due to the success of the initial trial.</p> <p>Every lunchtime (with the exception of a Monday), we have one sports coaches managing, observing and supporting the children playing football in the football court (4 x 15 minutes), one sports coach leading a competitive sporting activity (on upper playground) and one sports coach leading a non-competitive sporting activity (on lower playground). This is in addition to the Scrapstore Playpod which is open from 12:20pm to 1:05pm each day (45 minutes). <i>On a Monday we do not operate the lower playground activity zone – as we only have two sport coaches available for work.</i></p> <p>The Scrapstore Playpod attracts, on average, 73 pupils in physical exercise and activity during lunchtime, the football court attracts, on average, 68 pupils, the competitive (upper playground) zone attracts approximately 17 pupils and the non-competitive (on lower playground) zone attracts approximately 29 pupils, each day. Moreover, the children who have been engaged in the supervised physical activity sessions have included the majority of the children whose behaviour can be more extreme; and this has alleviated pressure (and helped to improve the standard of behaviour at lunchtimes). <i>Furthermore, the school has operated mindfulness (colouring, puzzle and games) sessions in two classrooms on most days of the week – run by phase leaders and/or TAs.</i></p> <p>Active Soccer = £2718 (2 sports coaches – 5 days + 3 days)</p> <p>RG Coaching = £2430 (1 sports coach – 5 days + 1 day)</p> <p>Total = £5148</p> <p>Scrapstore Playpod = £850</p> <p>Total = £5998</p>
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	<p>Introduce NEW PE and sporting activities in the after school (extra-curricular) menu of activities each term; specifically aimed at those children who are least active.</p> <p><i>This may also include community sport clubs – based at the school - with places for our pupils subsidised to ensure they are affordable and cost is not a barrier to participation.</i></p>	<p>£180 x 3 (to target three separate age groups throughout the year) = £540</p>	<p>Attempts have been made to base an evening (or weekend) gymnastics club at our school – but these discussions have not proved to be successful.</p> <p>However, the school did introduce a very successful Fitness (Kick Boxing) Club during the Spring Term; which attracted pupils who had not previously engaged in after-school (extra-curricular) sporting activities. <i>This was offered free of charge to the school (for 6 weeks) by the fitness coach.</i></p> <p>Total = £0</p> <p>The school introduced a range of after-school inter-school competitions during the summer term. These included rounders, bench ball and dodgeball (with all pupils from Year 3 – 6) invited to attend; with the children earning points for their ‘house’.</p> <p>Total = £245 (for 7 weeks)</p>
<p>To run sport activities with other schools... and increase the number of inter-school competitions that our pupils are able to partake in.</p> <p>[Increased participation in competitive sport]</p>	<p>Organise three NEW interschool competitions (e.g. cross-country, rounders and handball) so that our pupils can compete against pupils from other schools; and look to improve the standard and quality of their performance (and recognise what they need to do to perform at a higher standard and more elite level).</p> <p>Identify other intra-school competitions (other than Sports Day) that the children at our school could partake in, throughout the school year. Work with Sports Councillors to develop a calendar of events for children within each phase: UKS2, LKS2, KS1 and EYFS. Create an action plan – including a list of resources (human and physical) - to organise each of these events. Implement and evaluate the plan (extending these to engage other schools where possible).</p>	<p>£495</p> <p>[Potential purchase of Halton School Games SLA – if the package and sporting calendar is beneficial to the pupils who attend our school = £495]</p>	<p>Opportunities for interschool competitions have been seriously limited this year – due to High 5 netball league not taking place, a restriction on schools who did not sign up to the Halton School Games SLA not being permitted to enter the cricket competitions this year and a host of events being cancelled at the last minute due to the weather. However, the school did arrange football fixtures (involving 13 of our pupils) and netball matches (involving 9 of our pupils) against local schools during the Spring/Summer 2019.</p> <p>A team of 20 LKS2 (typically our least competitive and/or active) pupils were entered - and took part in – a special ‘Spirit Of The Games’ KS2 Sport Festival at IM Marsh Campus (Liverpool John Moore’s University) – March 2019.</p> <p>Total = £150 (Transport)</p>



<p>To engage a greater proportion of our pupils in regular outdoor and adventurous activity – within the local area – to introduce them to ways of remaining active in physical activities that they may pursue within their leisure time: high ropes (Go Ape), long walks, den building and orienteering (Delamere Forest).</p> <p>[Broader experience of a range of sports and activities offered to all pupils]</p>	<p>Develop a long term plan for outdoor and adventurous activity to be incorporated in to the PE curriculum for the pupils in KS2.</p> <p>Identify the potential benefits (whole school improvement) for our pupils – and agree key milestones to measure the success (impact) of this change to the PE curriculum.</p> <p>Implement the programme. Evaluate its impact on pupils' attainment in PE, engagement in physical activity and mental health (well-being).</p>	<p>£2970</p>	<p>Due to the large proportion of the cost of organising the planned activities being required for transport to/from Delamere Forest, it was decided to run Forest Schools (based at the school) – during the Summer Term – for the children in Year 6. This resulted in 29 children in Year 6 taking part in a 60 minute session, each week, during this period (Summer 1).</p> <p>Total = £1450 (Edsential)</p> <p>As a consequence of the success of this pilot – and establishing a strong professional relationship with the Forest School provider (Edsential) – it has been agreed the most effective (including cost effective) way of achieving this objective would be to secure the services of the session leader (Mr Thorpe) on a secondment for one day each week, from September 2019 to July 2020. <i>This investment will be made via the PE and School Sport Premium for 2019/20.</i></p>
<p>To involve the least active children in additional swimming lessons – so a greater proportion of our children achieve the national benchmark of being able to swim 50m by the end of KS2.</p> <p>[The profile of PE and sport is raised across the school as a tool for whole-school improvement]</p>	<p>Identify which pupils in Year 5 and Year 6 are the weakest swimmers.</p> <p>Work with the local pools to develop a Top-Up Swimming programme to run prior to (or as an extension to) the school's swimming curriculum and/or obtain places for these pupils on Top-Up Swimming programmes run during the school holidays.</p> <p>Monitor the progress the children make in the 'additional' swimming lessons and revise Top-Up Swimming programme accordingly.</p>	<p>£1000</p>	<p>In addition to the 15 sessions that the children in Years 3, 4 and 5 receive as part of the PE curriculum (equating to 45 swimming sessions in total, over three years) – the children in Year 4 have received 15 'top-up swimming sessions' this year to ensure that they continue to swim continuously for a two year period (to help us to achieve this objective).</p> <p>Total = £262.50 (Swimming Tuition)</p> <p>Total = £750 (Transport)</p> <p>Total = £1012.50</p>



<p>To introduce Yoga & Well-Being sessions – to support the children with developing the ability to ‘perform’ mindfulness, engage in alternative physical activity and behave in a more controlled and positive (purposeful) manner during PE sessions and sporting activities.</p> <p>[Broader experience of a range of sports and activities offered to all pupils]</p>	<p>Trials weekly Yoga & Well-Being sessions – led by a professional alongside the class teacher – in key year groups. Evaluate the impact on the children’s participation in sporting (physical) activity; and general well-being. <i>Could this have a positive impact on whole school improvement focused on behaviour for learning? Would these sessions be most beneficial during the morning or afternoon session?</i></p> <p>Revise the programme to gain greatest impact. Reevaluate.</p>	<p>£2650</p>	<p>Abi Lomax (Abi Can Coach) has delivered weekly Yoga & Well-Being sessions since December 2018, during the morning, on a Thursday. This was initially an initiative that was run for all pupils in the school. However, a change of ‘instructor’ (in February 2019) - and the time of the day that they were available to work - resulted in this only being provided for the five oldest classes in the school from this point onwards. However, the quality of these sessions was maintained. When the hall has been out of use, these sessions have taken place in the classroom – and all sessions have been observed and jointly led by the teaching staff employed at our school (providing effective CPD in mindfulness, relaxation and controlled breathing strategies – in addition to the effective and high quality delivery of yoga as a physical activity as an extra-curricular activity for 143 of our pupils each week).</p> <p>These strategies have been used and reinforced when the staff have needed to support children to ‘calm down’ and ‘recover’ from a meltdown or serious incident (when they have temporarily lost control) – and have become a daily intervention session in the Nurture Room (for the target group of Year 2 children).</p> <p>Total: £3510</p>
<p>To reposition the large gymnastics climbing frame – and floor fixings – so this equipment can be used for the teaching of PE and gymnastics (even when the two intervention rooms are in use) – as the frame currently blocks the fire exit from both rooms when it is in use.</p> <p>[The profile of PE and sport is raised across the school as a tool for whole-school improvement]</p>	<p>Obtain at least three quotes. Plan for the work to be carried out during a school holiday period. Monitor the use of the equipment after the changes have been made.</p>	<p>£3735</p>	<p>Due to the need for the school to sign a disclaimer that would not hold the installation company accountable for any damage to the underfloor heating system, it was agreed that this work could not be undertaken during the academic year 2018/19; or in the foreseeable future. <i>This decision was made in conjunction with the local authority.</i></p> <p>Total = NIL</p>
		<p>Total = £17,740</p>	<p>Total = £18,445.04</p>

